



CJA Safeguarding Newsletter

Alcohol and the law

Essex Police have posted the following advice on their website:

'You need to be aged 18 or over to buy and drink alcohol legally in licensed premises in Britain, but 1000 teenagers under the age of 15 are still admitted to hospital every year with alcohol poisoning.

Keep you and your children safe by being aware of the law around alcohol:

Aged five and under

It's illegal to give an alcoholic drink to a child under the age of five except in certain circumstances such as under medical supervision.

Aged under 16

Children under 16 that are not accompanied by someone aged 18 or older are not allowed on licensed premises when they are being used for the supply of alcohol for consumption on the premises. The licensed part of a premises is usually the bar area but this can vary.

Aged 16 or 17

Individuals aged 16 or 17 may consume (not purchase) beer, wine or cider with a table meal on the relevant premises provided that they are accompanied by someone over the aged of 18 years. '

Self-Harm

NSPCC states 'Self-harm can take lots of physical forms, including cutting, burning, bruising, scratching, hair-pulling, poisoning and overdosing.

There are many reasons why children and young people try to hurt themselves. And once they start, it can become a compulsion. That's why it's so important to spot it as soon as possible and do everything you can to help.

Self-harm isn't usually a suicide attempt or a cry for attention. Instead, it's often a way for young people to release overwhelming emotions. It's a way of coping. So whatever the reason, it should be taken seriously. '

For more information on self-harm please visit <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/self-harm/>

13 Reasons Why

I have previously informed parents about a TV show named *13 Reasons Why* that is aired on a platform called Netflix.

Last year, this show was aired for season one and I alerted parents to the fact that it was a programme containing extremely graphic content such as sexual assault, heavy drug use, self-harm and suicide. This programme follows the story of teenage girl who took her own life and the 13 reasons why she made the decision to go through with it. It is set in an American High School but is very much an adult programme.

This year, it is back for a second season and it is of the same nature as it was previously. Although it is a story about teenagers, it is actually age rated at **18 years old**. Please be aware of this and in order to keep your children safe, we ask that you monitor the type of material they are accessing online as well as enabling parental filters where possible.

FGM—Female Genital Mutilation

Essex Police have given this information on FGM, 'Female Genital Mutilation (FGM) comprises all procedures involving the partial or total removal of the external female genitalia or any other injury to the female genital organs for non-medical reasons. FGM is considered a grave violation of the rights of girls and women. FGM is child abuse. FGM is considered to be child abuse in the UK and is a violation of the child's right to life, their bodily integrity as well as of their right to health.

Offences

1. It is illegal to practice FGM in the UK **2.** It is illegal to take girls who are British nationals or permanent residents of the UK abroad for FGM, whether or not it is lawful in that country **3.** Makes it illegal to aid, abet, counsel or procure the carrying out of FGM abroad **4.** Has a penalty of up to 14 years imprisonment and/or a fine **5.** Provides provision to obtain Female Genital Mutilation Protection Order's, for the purposes of protecting a victim or potential victim of FGM.

For more information on FGM visit [https://www.essex.police.uk/advice/female-genital-mutilation-\(fgm\)/](https://www.essex.police.uk/advice/female-genital-mutilation-(fgm)/)

If you would like to contact outside agencies for advice, help or

Contact	Times Available	Telephone Number
First Contact Team (Social Care)	Mon-Thurs: 9am-5.30pm Friday: 9am – 4.30pm	01702 534496/215870
Emergency Duty Team (Social Care)	Out of hours, 365 days a year	08456061212
NSPCC Child Protection Helpline		0808 800 5000
Police		999
ChildLine		0800 1111 (Free)

If you are concerned about the safety or welfare of a child, or if you would like to speak to someone in regards to safeguarding at Cecil Jones Academy, please contact one of the staff members shown below who are all part of the Safeguarding Team



Miss J Hughes



Mrs S Godfrey



Mr G Rodulfo



Miss K Sear