



CJA Safeguarding Newsletter

Support for your child

The Summer break can be a difficult time for young people and there are a number of reasons for this; one being that they are out of their usual routine and another being that they cannot speak to trusted staff members about their worries. Although they have parental support, young people sometimes find it difficult to speak to their parents, family members or friends through fear of upsetting or worrying them. With this in mind, if you feel that your child needs support this summer and they are not discussing their feelings with anyone, please pass on the following details for Childline;

08001111 (Child Helpline)

<https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/> or follow this link and it will take you to the online counselling support that they offer.

If you feel that there are more serious concerns for your child's mental health or wellbeing, please take them to visit their GP. If you feel that there are immediate risks to your child in relation to mental health or wellbeing, please take them to A&E to visit the crisis team.

'Fortnite'

There is a computer game named 'Fortnite' that I feel parents need to be aware of as this is now a popular choice for our young people. It is useful for you to know that this game is rated a 12 and is only suitable for children on or above that age. This game has a theme of violence and the player has to survive as long as possible, whether that be as a solo player, a duo or a group. In order to do this, players have to be online and engage with up to 100 other players. The game itself doesn't have much strong language but if a child comes into contact with an online player, they may use strong language through voice audio or on screen text. The online element is also a concern, as the children may not know who they are interacting with and it makes them vulnerable to those risks.

It is known to have little educational value and there is a high level of violence, there are also not many positive role models throughout the game. It may be a good idea to monitor your children whilst they are playing this game.

Gangs Intervention

On 2nd July, Cecil Jones organised for a company named N-Act Theatre For Schools to come in and deliver a play based on gangs. This play covered how children are recruited into gangs, the risks involved in being in a gang and the potential consequences. This play was performed to the year 9 students and a selection of year 8s and it was hugely successful. The students enjoyed the performance and there was some very positive feedback from them.

We are hoping to organise more of these types of events so that we can provide interventions to students in a proactive way.

Summer Safety

Here are some basic tips on how to keep your child safe over the summer period:

- Use the appropriate sun cream when out in the sun and stay out of the sun, where possible, during the hours of 11am and 3pm when the sun is at its hottest. Drink plenty of water to keep hydrated.
- If you are heading to the beach, always make sure you check the times of the tide. Make sure your child is supervised at all times. Follow any safety signs as instructed.
- Be mindful that although it stays light outside in the evenings, it can still be too late for a child to be out. Set appropriate times that they need to be home by. If they are having a sleepover, would it be a good idea to ring the parent to make sure this is the case and that they have arrived safe?
- Monitor your child's social activity both in person and online. Be mindful that the use of social media may rise when they are not at school. Keep parental controls turned on and check their social media accounts.
- If you are concerned about the safety of your child, please use the numbers below.

If you would like to contact outside agencies for advice, help or guidance, please contact one of the numbers below.

Contact	Times Available	Telephone Number
First Contact Team (Social Care)	Mon-Thurs: 9am-5.30pm Friday: 9am – 4.30pm	01702 534496/215870
Emergency Duty Team (Social Care)	Out of hours, 365 days a year	08456061212
NSPCC Child Protection Helpline		0808 800 5000
Police		999 Emergency and 101 to report an incident
ChildLine		0800 1111 (Free)

If you are concerned about the safety or welfare of a child, or if you would like to speak to someone in regards to safeguarding at Cecil Jones Academy, please contact one of the staff members shown below who are all part of the Safeguarding Team



Miss J Hughes



Mrs S Godfrey



Mr G Rodulfo



Miss K Sear